

Confidentiality

The nature of a therapist/client relationship is strictly confidential. The State of California has certain laws that mandate a therapist break that confidentiality only under certain specific instances. Those are:

- If the therapist has knowledge of or suspects any of the different types of child abuse or elder/dependent adult abuse.
- If the therapist feels the client may harm himself/herself or someone else.
- If court ordered.

Anything else discussed inside of a therapy session is strictly confidential and will not be disclosed without the client's written permission.